## **Helping Hand for Survivors: 2021 Activities REPORT**



HHS distributing medical supplies in Walungu, - South-Kivu

### **Administration:**

Helping Hand for Survivors has been serving in the Democratic Republic of Congo for 9 years now and in Uganda for two years. With support from generous donors like you, we were able to meet the considerably increased need for survivor services last year. With your support, will continue to show up for survivors like Astride and her children when and where they need us most in the coming year. Despite COVID-19, the year 2021 was marked by several undeniable successful activities.

What we accomplished together last year:

1500 Survivors Served

25 Children (Orphans) educated

14 Medical clinics Accompaniments (including 3 hospitals in Kinshasa, two in Goma, and 9 in Walungu-Bukavu)

5 Support Group Services served.

1 Hospital opened to support women and children.

How to DONATE: send a check to PO.BOX 23325, Lexington, KY 40523 or PayPal at <a href="mailto:info@hhsurvivors.org">info@hhsurvivors.org</a> or online <a href="www.hhsurvivors.org">www.hhsurvivors.org</a> or Interac e-transfer at <a href="mailto:nkashoro@gmail.com">nkashoro@gmail.com</a>. Thank you.

#### **Health, Nutrition and WASH (Water, Sanitation, And Hygiene):**



Distribution of medical supplies in Warungu. Left-Dr. Jean Claude standing with health care workers after distribution at one of the hospitals in Kinshasa.

In 2021, Helping Hand for Survivors has delivered more than 20 water treatment machines to different locations including Kinshasa, Bukavu, Goma, Kalehe, Buzi, Bunyakiri, Uvira, Kasha, Nyatende, Mumosho, Goma, and Bukavu to provide clean water and to use for hand wash and spaces. HHS continues to produce bleach for water treatment to reduce waterborne disease among communities. This program operates for prevention and control measures for improving health and improving socio-economic development as well as responding to community emergencies and outbreaks of life-threatening illnesses such as cholera in the area. These machines have been helpful during this period of Covid-19 as people struggle to live with no access to vaccines.



Image: 1. Demonstration and use of the Bleach maker by Dr. Jean Claude. Image 2. The production of Chlore (Bleach)

# <u>Nutrition and Agriculture component</u> using agriculture to produce healthy food for families.

Our Health and Nutrition program continues to impact lives despite Covid-19. HHS women live and raise their children from agriculture work and what they produce. Due to gender-based discrimination in DRC, these women lack access to resources like seeds, equipment, or quality fertilizer. The lack of the above resources doesn't stop women from working and producing from what is available to them. At the time of harvest, they sell part of their products and keep some at home for their families. HHS also empowers women through educational farming.



Image: Astride in her field with her three children recovering from malnutrition.

During this year 2021 HHS served 500 malnourished children in the territories of Walungu and Kalehe. 120 children were able to return to school after recovering from malnutrition. HHS has been providing educational techniques that allow survivors women to manage the little mean they have and to fight malnutrition during the pandemic. Helping Hand for Survivors continues to provide different types of seeds including beans, corns, soy, tomatoes, potatoes, and peanuts to encourage mothers. Without your help and what they produce their children cannot attend school. Therefore, we thank you for your support and dedication to ending poverty in these villages. Below are pictures of children who have recovered from malnutrition and are ready to learn.



Image 1. Dr. Jean Claude with children who are returning to school after a severe malnutrition. Image 2: HHS staff accompanying children to encourage them after staying home for some time.

## **Empower Women:** Livestock, agriculture, and Micro-credit component:

Helping Hand for Survivors distributes animals as part of the program to women, mostly widows. Last more than 800 pairs of Guinea pigs were distributed to women in Mumosho, Nyatende, and Walungu to finally meet the nutritional needs of their families by breeding and thus rotating among women after their multiplication. In 2021 HHS was blessed to distribute real pigs and not guinea pigs. As of today, we have 15 families breeding pigs and HHS's own place

where more than 10 pigs are kept for later distribution...



**Agriculture:** During the pandemic, HHS distributes seeds of the bean, corns, soy, cabbage, potatoes, etc. to the women to enable them to cultivate and reimburse a small portion of their harvest to the group, which in turn will have to be redistributed to another group of women finally to make the group autonomous and thus establish an agricultural seed cooperative and eventually become seeds producer in the area and sell on the seed on the market which is very profitable and allow women to become financially independents.



Pictures 1. Growing cabbage 2 Tomatoes fields/Pictures 3. Potatoes fields 4. Children selling some of the products.



#### **Micro-credit component:**

HHS started this program with widows in Nyantende with 10 women given a credit of \$50 each to start a small business. The goal here was to support families taking care of themselves while having a supervisor based in their community. Once the beneficiary reaches a profit of \$50, she must return the capital and pass it to another widow in lieu of paying it back to HHS after 3 months. Today HHS is happy to announce that 25 women are in rotation, and this has been successfully running and allowing funds to other women through the effect of the pandemic. They are now on their 10<sup>th</sup> rotation.



# **Education:**

HHS is now supporting 25 orphans including 20 girls in primary school and one family of 5, 2 girls, and 3 boys. We are grateful to announce that out of the 25 orphans supported by HHS, 6 of them have been adopted and 19 girls still need the adoption. \$200 is enough to pay tuition, school supplies, and uniform a year for one child. This support is needed for survival.

**Challenges**: These children need a normal building where they study. As you can see, there are no windows, doors, or rooftop to protect children against the sun and/or the rain.



#### **Ministry:**

In addition to our implementation of physical and mental health, **HHS has a spiritual ministry**.

**Work done:** In January 2021, the HHS Ministry in Uganda announced to its members a year of mission with a key verse of Matthieu 28:19. We tirelessly worked together hand in hand to fulfill our Lord's will and mission. It was not easy and not by our own strength but by the power of the one living in us. On April 10th, 2021, the HHS Ministry in Uganda baptized its first believers who were two in number. After the two our God did not stop using us. We preached the good news and sorcerers believed and stopped the crooked ways of witchcraft; it was amazing. The annual total number of baptized Christians was six (6). We thank God, today our numbers have increased, and we keep on moving forward. The number of evangelized people is now Five Hundred Twenty-Six (526). The active members are 92 and on Sunday the attendance list ranks always between 45 to 55 people. We are thankful to our God for how far He has brought us.



Picture 1. Rodrigue praying for new members after baptism Picture 2 Congregation

**Thanksgiving:** All our appreciation goes to our base in Lexington, Kentucky, members of HHS and the Church Of the Savior (COS) who have never got tired from doing God's work perfectly never ceased to pray for us. God has really used you all to make all these happen and to reach where we are now. May the Lord bless you all abundantly.

**Target for 2022:** The year 2022 will be announced as a year of faith. Reference verses will be Hebrews 11: 1 and Romans 10:17. We shall pray hard to God and make sure that the following work and projects are covered in this year 2022:

- 1. More evangelization by preaching salvation and the fear of God
- 2. A healthy and effective team of believers.
- 3. A bigger place for worship
- 4. Bibles, instruments for praise and worship.

Let us pray and work together hand in hand to make these happen in Jesus' mighty name. Good blessed you all.



Picture 1. Bible Study during family visit. Picture 2. Church service



<u>Hospital:</u> Centre Hospitalier Grand Samaritain (Grand Samaritan Hospital Center).

Four years ago, while visiting our Friend Denise at Overseas Supplies, Kashoro shared one of her dreams with her. This dream was to own and run a hospital (regardless of how small or big it will b) to support the poor women in DRC. These women usually have their babies on their way to the hospital. They sometimes lose their babies because there is no one to help and the distance

to the hospital is challenging. There are many other reasons why women lose their babies including the lack of clean place, hospital around, delivery table, etc. This year despite many challenges around the Covid-19, HHS was able to make that dream come true. HHS cannot thank you enough for all your supports to have made this dream a reality.



Pictures of the hospital and some of the equipment. Above cataract surgery being performed by our eye specialist.